



Caring for the Caregiver Program

Caregiver Training Workshop

Date	Saturday, July 15, 2023
Time	10:00 am to 12:15 pm
Location	Lotus Adult Day Care at Aiea Hongwanji Mission 99-186 Puakala St., Aiea, HI 96701

Timeline	9:30 am	Registration
	10:00 am	Fall Risk Detection for Caregivers and Older Adults with Joni Kamiya, Occupational Therapist
	11:00 am	Break
	11:15 am	Body Mechanics and Caregiver Injury Prevention with Mary Grace Gayatinea-Ollivier, Physical Therapist

Free workshop for caregivers who meet the following criteria:

- Caregiver provides unpaid care to an individual at least 60 years old.
 - Individual receiving care lives in the community and not in a nursing home or care home.
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Seating is limited. Registration is required by Friday, June 30. Please call or e-mail if you are interested on attending or need more information about the workshop:

Maria Morales
Program Coordinator
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This training is funded under the Title III Older Americans Act administered by the Executive Office on Aging, State of Hawaii through the Elderly Affairs Division, City and County of Honolulu.