



Caregiver Training Workshop

Date	Saturday, October 28, 2023
Time	10:00 a.m. to 12:30 p.m.
Location	Aiea Hongwanji Mission Social Hall 99-186 Puakala St., Aiea, HI 96701

Timeline	9:30 a.m.	Registration
	10:00 a.m.	Community Cardiopulmonary Resuscitation (CPR) with Capt. Keith Endow, Honolulu Fire Department (HFD)
	11:00 a.m.	Break (30 minutes)
	11:30 a.m.	Practice Communicating with Your Care Recipient with Joni Kamiya, Occupational Therapist and Maria Morales, MSW

Free workshop for caregivers who meet the following criteria:

- Caregiver provides unpaid care to an individual at least 60 years old.
- Individual receiving care lives in the community and not in a nursing home or care home.

Seating is limited. Registration is required by Monday, October 16.

Please call or email if you are interested in attending or need more information about the workshop:

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